

Great Falls CONNECTION A Festive Fourth

NEWS, PAGE 3

Great Falls annual Fourth of July festivities have become a Hometown Celebration, presenting some of the town's heritage.

Scouting To
Make a Difference

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Community
Keeps Getting
Cooler

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Ryan Brown, 3, takes a swing at the soft-ball station, one of several stations where children could hit, shoot, kick or throw a ball at the Great Falls Village Centre July 4.



PHOTOS BY ALEX McVEIGH/THE CONNECTION

Spectators line the parade route and some watch from a fire truck at the Great Falls Fourth of July parade Sunday. An afternoon of activities at the Village Centre, and an evening of fireworks at the Turner Farm followed the parade.

A Festive Fourth of July

Great Falls celebrates with parade, activities, fireworks.

BY ALEX McVEIGH
THE CONNECTION

Great Falls celebrated America's 234th birthday Sunday with a parade and festival in the Great Falls Village Centre. The day began at 7:45 a.m. for some, when the Great Falls Ecumenical Council hosted a 5K Walk/Run. A Blood Drive sponsored by the Great Falls Volunteer Fire Department took place most of the day.

The annual parade featured 30 people on horseback, more than 50 classic and modern cars, as well as people on bicycles and tricycles and on foot.

"The parade is neat because it really shows off the best of the community," said Phil Sturges. "You get to see the fire trucks, and the horses and the kids riding. It's really the epitome of this town's way of life."

Children and adults alike lined the parade route, and most were lucky enough to receive the treats being tossed out by those riding in the vehicles.

Some of the riders on horseback were part of the Lift Me Up program, a therapeutic riding program that helps children and adults with disabilities.

For some, the parade isn't as much a walk in the park as it is a careful exercise in crowd control. Simple things such as the speed of the parade are important, especially when combining people on different modes of transportation. A new group featured in the parade this year was pets on leashes.

"The person holding the first banner is the critical part, they set the pace for the whole parade," said Nauzer Mistry, who helped coordinate the parade. Mistry has also been the pacesetter for parades in years past, so he knows the importance. "You can't

go too fast, or too slow, because it will create gaps." Mistry also had to deal with a quick change in plans, as just before the parade began, one of the fire engines was called into action.

"You try and stick to the plan, but things happen, such as the fire engine getting called, but it just takes a little common sense," he said.

The events in the Village Centre ranged from the modern (moon bounce), the classic (potato sack racing) and the timeless (strongman). Children could be found racing around from station to station to try their hand at baseball, football, soccer or basketball.

Later in the evening a fireworks show took place at the nearby Turner Farm.

"Events like this are part of our small-town heritage," said Glen Sjobolm. "You've got sports groups, school, citizens associations all working together to create a place where people like to be. These kinds of things help us all to recognize we're all Americans, coming together on a special day."



Debbie Sidki helps her daughter Natasha, 3, down the slide at the Great Falls Village Centre. There was a moon bounce, as well as this inflatable obstacle course set up in the Village Centre.

VIEWPOINTS

Hometown Celebration: What do you like? What else would you like to see?"

— NIKKI CHESHIRE



Elizabeth Hamilton, a Great Falls resident and owner of Marketing company, who has attended the celebrations for the past 11 years, keeps coming because she likes the "hometown" atmosphere of it all. "You really feel a sense of neighborhood," she said. "Seeing the kids riding with their teams, all dressed up in patriotic colors, really reminds us what the holiday is about." She went on to add that she would love to see a hands-free pie-eating contest added to the festivities.



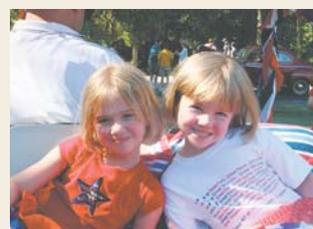
Mark Orms, a former Great Falls resident, has been attending the July Fourth celebrations since 1990, despite having moved to Roundhill, Va. "Our daughter Moriah insists on keeping the tradition," he said, highlighting his family's dedication to their former town. "We used to live here, now we drive 35 miles to come." Because his daughter used to ride her bike in the parade when she was younger, he says the bicycles are still his favorite part. Despite their overall good experiences at the festivities, his wife, Lindsay Orms suggested "not placing the horses near loud engines or things that could scare them." Changes that Mark Orms would see fit for the future include "donkeys with straw hats and flowers pulling carts" as well as a change in the color theme as he's "tired of red, white and blue," he said, laughing at his own joke. "How about red, white and black?"



Kate Kronmiller, Aerospace Worker and a long-time resident in Great Falls, has been attending the Great Falls celebrations for the past 17 years. "My favorite part is seeing all our neighbors, some of which we only see at gatherings like this," she said. "I think it's just perfect." She said she wouldn't change anything about the celebrations. Camera in hand and dressed in red, white and blue for the occasion, she watched her children ride bikes in the parade this year.



Paula Novacki, lifeguard at Riverbend Country Club in Great Falls and a rising freshman at the University of South Carolina, has been attending the Great Falls parade and other festivities for the past 11 years. "It's a tradition I go to every year," she said, adding that it's great to "see all the same people from Great Falls." She went on to say that she skips going to the beach with her friends in order to attend the celebrations. "It's really the only event I'm ever in town for." Novacki's favorite part of all the festivities is the 5k run in the morning, because it "starts the day off really well" and helps "keep you awake" for the rest of the celebrations.



Lexie and Cassie Keating, 5-year-old twin sisters, said they both enjoy the Great Falls Celebrations, which they have attended for the past three years. Perched on the back of their decorated family golf cart for the parade, they both agreed that "throwing candy" was their favorite part. Cassie also added that "eating candy" was her favorite part too.

Music Ambassadors Come to Great Falls

In honor of their American hosts and in the spirit of their concert theme, Love, Harmony, Peace and Unity, the French American Gospel Music Workshop Exchange will bless its French and American friends and families with a free Bastille Day concert. On Wednesday, July 14 at 7:30 p.m., the French musical ambassadors will perform highlights from their full production of "Singing the Gospel" at St. Francis Episcopal Church, located at 9220 Georgetown Pike in Great Falls.

Produced and directed by director, dancer and choreographer Larry Vickers, the Bastille Day concert celebrating French Independence Day spotlights more than 65 French musical ambassadors who will join over 100 American singers and musicians in a three-part program focusing on Love, Harmony, Peace and Unity.

The July 14 Bastille Day celebration concert will include guest speaker, Ron Bailey and will conclude with songs from their spectacular finale of "God Bless America," the revolutionary French national anthem "La Marseillaise" and Richard Smallwood's "Total Praise," which will be sung under the musical direction of Alphonso Hamilton of Staunton, Lisa Winn of Richmond and Jacques Chopard, French musical director from Besançon.

The "Voices of Worship," Washington metro-area based community choir and music ensemble under the direction of former Duke Ellington music instructor Felicia Kessel Crawley will lend its voices and provide the music for the Great Falls performance.

Committed to promoting opportunities for youth, the Exchange will also spotlight three next generation youth performances by outstanding Duke Ellington student vocalist Julia Braxton and Exchange singers Trevon Cook and Emily Henline.

Foust, Comstock Honor Centennial Organizers

Supervisor John W. Foust (D- Dranesville) presented a framed proclamation adopted by the Fairfax County Board of Supervisors congratulating the residents of McLean on the occasion of their 100th anniversary and expressing appreciation to the members of McLean & Great Falls Celebrate Virginia for their leadership role in planning the June 26 celebration at the McLean Community Center.

Del. Barbara Comstock (R-34) will be hosting a reception for all of those involved with producing the McLean Centennial Celebration on July 9 at 7 p.m. On Saturday, June 26, Comstock presented a proclamation from Governor McDonnell, which declared June 26, 2010 as "McLean Centennial Day."

Comstock Selected for Leadership Program

Del. Barbara Comstock (R-34) has been selected to participate in the 2010 Program for Emerging Political Leaders, sponsored by the State Legislative Leaders Foundation and the Darden School of Business at the University of Virginia.

This program takes place every year on the campus of the University of Virginia for a select group of state legislators who have been nominated by the Speaker of the House, President of the Senate or Minority Leader from their state. The goal of this program is to inspire these men and women to continued careers in public service. The discussions will be lead by Professor Ed Freeman, the Elis and Signe Olsson Professor of Business Administration at the Darden School and co-director of the Olsson Center for Applied Ethics. A distinguished UVA faculty along with Dr. Thomas Little, curriculum director of the State Legislative Leaders Foundation, will join Freeman. Comstock represents McLean, Great Falls and parts of Herndon and Vienna. She serves on the Transportation, Science and Technology, and General Laws committees. She also serves on the Governor's Economic Development and Jobs Creation Commission, as well as the National Capital Region Transportation Planning Board and the Northern Virginia Transportation Commission. She and her husband, Chip, an assistant principal at Oakton High School, have raised their three children in McLean.

NEWS



Scoutmaster Gary Pan, the guest speaker Dawn-Lee Evans, and parent Sandy Smith pictured at the event.

Saying 'No' to Peer Pressure

Great Falls Boy Scouts confront alcohol, drug use.

Boy Scout Troop 55 Scout leader Gary Pan felt that the pressure to take part in drinking and various drugs on area teens was an issue that needed to be communicated to all teens, and he felt the best way to start getting the message across was through a series of talks to his scouts and parents.

Not only would this series of talks be used as a means of prevention and education, but also as satisfying a part of the health component that is a substantial part of the scouting program. The troop hopes that this program will become part of an annual community service with outreach to parents within the local community.

"The scouting program addresses the development of character with respect to physical, moral, spiritual and mental health," said Pan. "Education and awareness is paramount in substance abuse prevention. Parental guidance is the first line of defense for our youth. It takes a community to help educate, monitor and protect our kids."

DAWN-LEE EVANS was the head speaker from the Alcohol and Drug Youth Services Student Assistance Program that came out on May 5 to talk to parents of the scout troop at St. Francis Episcopal Church in Great Falls. The goal of the program is to bring attention to at-risk students who may be feeling the pressure to take part in alcohol or drug based activities and encourage them to succeed academically as well as socially through a variety of other activities as well as education. The speech is one of a four part series that will be held by the boy scout troop. The main goal of the talk this particular night was to give parents a sort of "how to" guide for how to better communicate to their teens about drug and alcohol use to hopefully stop it before it starts, as well as look for many of the warning signs, and also how to deal with teens if they are taking part in activities which involve alcohol and drug use.

Jennifer Goudy, a mother of one of the boys from the troop, said that Evans did an excellent job of explaining the issue at hand in our schools today and was left shocked by some of the information that was placed before her. "The paraphernalia she described simply blew me away, especially the ones that appeared to be simple school supplies, such as pipes that can be hidden in perfectly working highlighter,"

said Goudy. "Drugs are so accessible to teens today, which is such a scary thought especially for a mother of two teenagers myself."

Evans went into detail of various places that students are easily able to hide their drugs or alcohol so that they are accessible to the teens whenever they may feel they "need" them. Some of the most shocking locations include, make-up compacts or lipstick tubes, in stuffed animals, under ceiling tiles or floorboards, and even candy containers

SANDY SMITH, another mother of teenage boys in the troop, said she had heard Evans give a talk at her son's high school and said it was a great idea to also have her come talk to the scouts and went to Pan with a referral. When asked after the talk if she felt that the Fairfax county school systems were doing a thorough job of addressing this particular issue and getting through to the children she said, "As parents we have a responsibility to our kids when it comes to awareness and education," she said. "Shaking the finger doesn't always do the trick. We need to learn how to talk to our kids and connect with them. The schools shouldn't be the sole messengers. You never know who will be that one person to get through to your child and truly inspire them, it can be their scout leader, a coach, a teacher, a church leader, etc. My feeling is that if they receive the message from a variety of different directions it might have a greater impact."

Evans works for the Student Assistance Program and works directly out of offices in South Lakes and Langley High Schools. She has a confidential relationship with the teens in which she is able to be an unbiased ear and a helping hand without them having the fear of being judged or punished. When asked what her piece of advice would be to teens who are feeling pressured from their peers to take part in drinking or drug usage she said, "It's not easy, there is a lot of pressure to fit in and feel accepted. The key is to have a plan ahead of time. If and when you are faced with that situation, many times parents are happy to be your scapegoat You don't have to work up a major speech first, oftentimes simply saying, 'no thanks, I'm not into that' will do the trick. Focus on surrounding yourselves with people involved in positive lifestyles and who partake in positive and drug free activities, this will help you feel less pressure to turn to substances and get involved."

Follow up sessions will include age appropriate material for audiences with separate sessions devoted to high school, middle school, and elementary school students accordingly.

SCHOOL NOTES

Send School Notes to greatfalls@connectionnewspapers.com. Deadline is Friday.

Margaret Smith of Great Falls was named to the spring 2010 dean's list at Ohio Wesleyan University. Smith is a graduate of Langley High School.

Alexandra Mahinka of Great Falls has graduated magna cum laude from Gettysburg College of Gettysburg, Pa.

Rachael Beekman of Great Falls has been named to the spring 2010 dean's list at Tufts University of Medford, Mass.

Great Falls residents **Laura Falcon**, a senior, and **Natalie Might**, a sophomore, have been named to the spring 2010 dean's list at The University of Mary Washington.

Raymond R. Rielsing IV of Great Falls has been named to the spring 2010 dean's list at Colby College in Waterville, Me. The Langley High School graduate is majoring in government, and is the son of Raymond and Sheila Rielsing.

Victoria Roisman of Great Falls was named to the spring 2010 merit list of Oxford College of Emory University in Oxford, Ga. She is the daughter of Peter S. Roisman and Emily N. Roisman.

Great Falls residents **Marie Ellen Bernier** and **Grayson E.N. Eaglestone** have been named to the spring 2010 dean's list at Radford University. Bernier is a senior nursing major, and Eaglestone is a sophomore recreation, parks and tourism major.

Natalia Luce Doan of Great Falls has graduated with bachelor of arts degrees in both English and Japanese from Vassar College of Poughkeepsie, N.Y. Doan also received departmental honors in Japanese. She is the daughter of Douglas Claude Doan and Lurita Victoria A. Doan.

Megan Robson has been named to the spring 2010 dean's list at Clemson University in South Carolina. She is the daughter of Geoffrey Robson and a 2007 graduate of Langley High School.

Douglas Zimmer of McLean has received a bachelor of business administration degree with a concentration in accounting, and a second major in economics from the College of William & Mary. Zimmer competed on the men's varsity track and field team, and was named 2010 Champion in Decathlon at the Colonial Athletic Association Championships. He is the son of D. Brian and Gloria Zimmer of McLean.

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NEWS

County Sees High Office Vacancy Rates

The decision of student lending giant SLM, Corp., better known as Sallie Mae, to move its headquarters from Reston to Delaware next spring could be another blow to Fairfax County's already fragile office space market.

Though Sallie Mae has said a few hundred of its 700 local employees will remain, it is unlikely the company will need all of its 243,000 square-foot facility in the Reston Town Center.

According to the Washington Business Journal, Sallie Mae signed a 10-year lease on the building in 2009 with an option to terminate the contract on 100,000 square feet of that space in the third year. A vacancy of that size or larger could have an impact on the local commercial real estate market as a whole.

Only 13 leases were signed for office space of 100,000 square feet or more in all of Fairfax County last year, including Sallie Mae's own deal. Six of the 25 buildings in Fairfax with available office space of that size or larger at the end of last year were already located in Reston, according to the Fairfax County Economic Development Authority's 2009 real estate report.

Fairfax's 2009 Office Space Vacancy Rates by Community

The following information was taken from the Fairfax County Economic Development Authority's real estate report for the second half of 2009.

	Total Office Space Inventory (Sq. Ft.)	Total Office Space Available	Vacancy Rate (%)
Burke	527,834	20,859	4
Vienna	2.5 million	100,288	4
McLean/Great Falls	4.2 million	194,312	4.6
Newington/Lorton	619,095	41,984	6.8
Baileys Crossroads	3.3 million	2267,844	8.2
Herndon (Town)	5.7 million	613,317	10.7
Richmond Highway	1 million	154,179	14.8
Springfield/Franconia	4.4 million	678,445	15.5
Merrifield	10.3 million	1.7 million	16.2
Fairfax County	112.6 million	18.5 million	16.4
Reston	19.7 million	3.3 million	17
Annandale	1.8 million	317,304	17.4
Tysons Corner	26.6 million	4.7 million	17.7
Centreville	981,928	173,491	17.7
Fairfax Center/Oakton	9.7 million	1.8 million	18.2
Seven Corners	1 million	190,620	18.7
Chantilly	10.9 million	2.2 million	19.9
Dulles	9.2 million	2 million	22.5

During 2009, the demand for office space in Fairfax County was stronger than it had been in the previous three years but the market still remained one of the weakest the locality has seen over the last three decades.

According to the economic development authority's report, the amount of available office space totaled 18.5 million at the close of 2009, second only to the record high from the end of 2002, following the tech bust. The amount of previously-occupied office space for lease was 12.5 million in 2009, a new record for Fairfax County.

SEE COUNTY BRIEFS, PAGE 7

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COUNTY BRIEFS

FROM PAGE 5

Roughly 44 percent of all office space available in Fairfax County can be found in Reston and Tysons Corner, the county's two largest office space markets.

While the overall vacancy rate declined for Reston over the course of 2009, it went up in Tysons Corner, the county's largest office space market. In its report, the Fairfax Economic Development Authority speculated that traffic congestion related to the construction on the new Metro stations and

high occupancy toll lanes in Tysons could be having a negative impact on leasing activity there.

— JULIA O'DONOGHUE

Fairfax Seeks Input On Deer

Fairfax County is soliciting public input on the locality's deer management through an online survey available at <http://www.fairfaxcounty.gov/survey/>

deermanagement.htm.

Residents are encouraged to share their thoughts on the prevalence of deer and how the county should address the issues surrounding them.

Fairfax County reports 4,000 to 5,000 automobile crashes related to deer take place in the county each year. Deer are also linked to Lyme disease, which is on the rise in Fairfax.

But last fall several residents were upset when the county government allowed bow and arrow hunters to cull the deer popula-

tion in local parks. The county has also used sharp shooters from the police department in the past.

Officials will post the results of the survey on the Fairfax government website Aug. 1.

To learn more about deer management in Fairfax County, visit <http://www.fairfaxcounty.gov/living/animals/wildlife/management/deermanagement.htm> or contact Fairfax County wildlife biologist Vicky Monroe at 703-324-0240.

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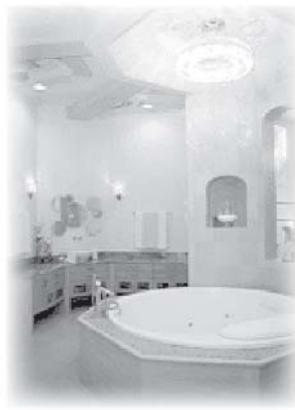
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School Board Could Learn To Share

Too many decisions made with tone of “we know best,” not enough sharing of data.

The possible closing of Clifton Elementary, apparently because it “is going to be a very expensive school to renovate,” is causing outrage amongst people with and without school-aged children in the Clifton area.

More expensive than what? The specifics of alternatives, in this case and others, are often unavailable to the people who will be affected by such actions by Fairfax County Public Schools.

Small community-based elementary schools serve many purposes, benefit children and families and do in fact foster a sense of community. The pushback isn’t surprising, and is probably inevitable.

But what makes the proposed closing of Clifton Elementary similar to the ending of other programs and closing of other facilities is the lack of hard information shared with the

public about the benefits and alternatives in Fairfax County.

Consider the closing of Pimmit Alternative School, which will ostensibly save \$1 million annually in at \$2 billion budget. What will the costs be of having the students served by Pimmit go elsewhere? What of those adult students who will not be able to travel to one of the other alternative schools and consequently might go without a high school diploma? Are some of these people more likely to need public assistance? Less likely to make a good salary that allows them to contribute to the local economy?

Or the elimination of Project Excel to be sure that all the schools with a large population of poor students get something, but now no one seems to be sure exactly who will be getting what.

EDITORIAL

LETTERS TO THE EDITOR

Teen Writer Highlights Healthy Choices

To the Editor:

I was so impressed with Maggie Schumann’s editorial [“School Food Contract Limits Health Options,” Connection, June 30-July 6]. Such wisdom in a 15-year old. Her parents must be so proud of her. She reminds me of the heroic Alaskan middle school girl profiled in investigative journalist Eric Schlosser’s best-sellers, “Fast Food Nation” and “Chew on This!” Schlosser describes how one 12-year-old was so upset to see the older generation of native Alaskans began losing their teeth after sugary sodas became widely available at remote provision stores. So she single-handedly launched a “Stop the Pop” campaign; she failed at first but eventually convinced a new principal to defy even the PTA and sports coaches and eliminate the revenue-producing soda machines at her school.

Similarly, Maggie Schumann is exactly right when she writes that Fairfax County Public School’s “Energy Zone products are unworthy of protection. With the pretext of keeping unhealthy options away from students, it allows its food to be of low quality. Many of the food items that the cafeteria sells are prepackaged, processed foods. Student groups should have the right to sell alternative options as fund-raising opportunities during

the school day. The cafeteria needs a little healthy competition.”

I hope Maggie will not give up her campaign to sell healthier alternatives in her FCPS. I get so annoyed each month when I read the colorful Energy Zone flyer/propaganda describing the supposed nutritional properties of the FCPS school lunch/breakfast menu. Their “breakfast” options consist entirely of sugary junk food, devoid of nutrition (waffles, cinnamon rolls, pancakes, Elfin Graham Crackers, Cereal, Pop Tarts, Yogurt—all processed and all containing high fructose corn sugar).

Nutritionists will tell you it is far better to start the day with nothing than with high fructose corn sugar, which only creates cravings for more sugar/fats and making stomachs growl a short time later as blood sugar rises. Even the juices FCPS’ are so proud of offering raise blood sugar levels and should be actual fruit, not juice. How much better, cheaper, filling and nutritious if Maggie and her friends could offer an alternative to Energy Zone’s junk, which should be completely eliminated, by selling only as she suggested tea and red delicious apples and perhaps small bags of nuts as the only breakfast “options.” The fiber and vitamins in “an apple a day” does keep the doctor away while excess sugar consumption leads to all sorts of health problems.

Hopefully, parents will see the irony when they read the Energy Zone’s “Tips for a Healthy Summer” flyer placed in their kids’ backpacks.

While some of the tips are good advice — Eat breakfast, eat at least five servings of fruits and vegetables, drink at least eight glasses of water, exercise at least 60 minutes each day — other of their “tips,” ironically, advise students to: “Make wise snack choices such as crackers, cheese, milk shakes, yogurt, and pudding... And limit consumption of soft drinks and candy.”

Pudding?! Milk Shakes?! Since when are any of these fatty, sugary, processed foods “wise” choices? Why not recommend the five servings of fruits/vegetables as healthy summer snacks? Whole foods such as watermelon, grapes, pineapples, carrots are great choices, crackers and other processed foods are just plain bad choices. And why advise them to “limit soft drinks and candy,” how about “just say no!”

As the Washington Post recently reported, Schools that eliminated junk food from a la carte lines during school lunch hours can make a difference. A new study from the University of Nebraska-Lincoln saw an 18 percent reduction in overweight or obese students when junk food was banned (see: <http://voices.washingtonpost.com/answer-sheet/health-1/school-junk-food-ban-works-.html>)

You go Maggie! Hopefully, your peers will listen to you — and Michelle Obama, with her “Get Moving!” campaign. We are routing for you.

Susan Goewey
Vienna

Or the elimination of a “modified calendar” (year-round school) in several elementary schools that has been associated with better student performance. Exactly what will that save? Enough to offset the fact that the schools with a modified calendar tend to have a higher population of students who will need services over the summer in any event?

And now it turns out that the plan for closing Clifton Elementary that has been the underlying assumption for more than a year (building a new, bigger school on the Liberty Middle School site) is being scrapped, meaning that students might be divided up amongst several different elementary schools. What will that cost? Will those schools need additions? We don’t know.

As a result it’s hard to have confidence in the pronouncement that keeping the school open is too expensive. That might be true, but more expensive than what? If staff and school board can’t answer that question, how did they consider the alternatives and costs?

— MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM

BULLETIN BOARD

To have community events listed in the Connection, send to greatfalls@connectionnewspapers.com. Deadline is Friday.

SATURDAY/JULY 10

T'ai Chi Beginners' Practice. 8 a.m. on the outdoor basketball court behind Dolley Madison Public Library at 1244 Oak Ridge Ave., McLean. 703-759-9141 or www.FreeTaiChi.org.

McLean AAUW Used Book Collection. 10 a.m.-4 p.m. Sun Trust Bank, 515 Maple Ave. East, Vienna. Books, CD's and software accepted. No records, textbooks or encyclopedias. 703-356-8364 or www.mcleanaauw.org

Great Falls United Methodist Church Yard Sale. 8 a.m.-2 p.m. at 10100 Georgetown Pike, Great Falls. Space rental \$20. Contact Carol Wesley Wright at c.wright@longandfoster.com or 703-582-1640.

TUESDAY/JULY 13

Tyson's Corner Kiwanis Club Meeting. 7:30 p.m. at George C. Marshall High School, Room 229A 7731 Leesburg Pike, Falls Church. Meeting is public and Individuals looking to volunteer in their community welcome. www.tysonscornerkiwanis.org.

WEDNESDAY/JULY 14

Multiple Sclerosis Support Group. 7 p.m. at Vienna Presbyterian Church, 124 Park St. N.E., Vienna. Sponsored by the National Capital Chapter of the MS Society. The group meets the 2nd Wednesday of every month. Free. 703-768-4841.

www.ConnectionNewspapers.com

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NEWS DEPARTMENT:
To discuss ideas and concerns,
Call: 703-778-9410
e-mail:
greatfalls@connectionnewspapers.com

Kemal Kurspahic
Editor ♦ 703-778-9414
kemal@connectionnewspapers.com

Alex McVeigh
Community Reporter
703-778-9441
amcveigh@connectionnewspapers.com

Julia O'Donoghue
Education & Politics
703-778-9436
jodonoghue@connectionnewspapers.com

Ken Moore
Courts & Projects
kmoores@connectionnewspapers.com

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Editor & Publisher
Mary Kimm
703-778-9433
mkimm@connectionnewspapers.com

Editor in Chief
Steven Mauren
Managing Editors
Michael O'Connell, Kemal Kurspahic

Photography:
Robbie Hammer, Louise Krafft, Craig Sterbutzel
Art/Design:
Geovani Flores, Laurence Foong, John Heinly, Wayne Shipp, John Smith

Production Manager:
Jean Card

CIRCULATION: 703-778-9426
Circulation Manager:
Linda Pecquex
circulation@connectionnewspapers.com

CONNECTION NEWSPAPERS, L.L.C.
Peter Labovitz
President/CEO

Mary Kimm
Publisher/Chief Operating Officer
703-778-9433
mkimm@connectionnewspapers.com

Jerry Vernon
Executive Vice President
jvernon@connectionnewspapers.com

Wesley DeBrosse
Controller

Debbie Funk
National Sales
703-778-9444
debfunk@connectionnewspapers.com



PHOTO BY NIKKI CHESHIRE/THE CONNECTION

Celebrating Hometown

More than 50 classic and modern cars participated in the Great Falls Fourth of July parade.



Dressed for Independence Day are Great Falls teens Amanda Mahon, left, and Nia Casso.

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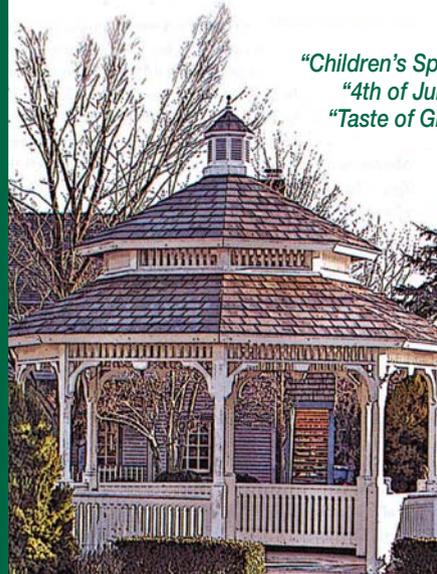
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Theatre-in-the-Woods Kicks Off Season

Shows change weekly, two programs per morning.

BY DONNA MANZ

THE CONNECTION

Tucked away in the woods of Wolf Trap is a stage and seating surrounded by large mature shade trees. A special concert setting for a special audience — children. On June 29, Wolf Trap's aptly-named Children's Theatre-in-the-Woods kicked off the summer season with Dinorock and the Great Dinosaur Mystery and Hayes Greenfield's Jazz-A-Ma-Tazz. With clear blue skies the first full week, nature could not have served up a more perfect ambiance.

Each weekday morning features two performances by different artists who appear at the same time Tuesday through Saturday. From June 29-July 3, Dinorock played and acted out a dinosaur skit in the 10 a.m. slot, while Jazz-A-Ma-Tazz pulled youngsters into the world of jazz, inviting them onstage to close out the act.

SONGS like "Extinction Stinks" gently made the point of the Great Dinosaur Mystery, which was, "protect the earth."

CALENDAR

Send announcements to greatfalls@connectionnewspapers.com. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com

THURSDAY/JULY 8

Mamma Mia! 8 p.m. at Wolf Trap Foundation for the Performing Arts, 1645 Trap Road, Vienna. \$44-\$231. 703-938-2404 or www.wolftrap.org.

Swing Dance with Junk Yard Saints. 7:30 at The Old Town Hall, 3999 University Drive, Fairfax. \$10. www.headoverheelsdance.com.

Wolftrap Children's Theatre in the Woods. Wolf Trap Foundation for the Performing Arts, 1624 Trap Road, Vienna. 10 a.m. Culkin School of Irish Dance: Tir na nOg, 11:15 a.m. Robbie Schaefer: Songs for Kids Like Us. Free workshops follow the 10 a.m. performance; reservations required at 703-255-1824. \$8-\$10. www.wolftrap.org.

IONA. 7:30 p.m. Nottoway Park, 9537 Courthouse Road, Vienna. Celtic. Free. 703-324-7469 or www.fairfaxcounty.gov/parks/performance.

Boyce Avenue and Tamar Kaprelian. 8 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. \$12. jamminjava.com.

Brain Benders. 2:30 p.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. See everyday objects through scientific eyes. Presented by Maryland

"It was really cool," said 6-year-old William Norberg of the Great Dinosaur Mystery. "I liked when we found out what the mystery was." William had a recommendation for protecting the environment, too. "Don't throw garbage on the floor. Throw it in the garbage can," he said.

Lucy Pekatos came all the way from Greece with her daughter Alexandra for Saturday's show. OK, she actually came to spend a month with her mother in Fairfax with her family, but bringing Alexandra to Wolf Trap was a treat outside the typical for Pekatos.

"Just being outside makes this special," Pekatos said. "Coming from a city, just being in this natural environment ... it's a perfect place to send the message to protect the environment."

Out of three dinosaur eggshells hatched three blue puppet triceratops, bringing howls of laughter from the younger children in the audience. A coded message, "learn from the past," was written inside the shells.

From prehistoric creature to prehistoric creature came mysterious "messages." Dr. Vander Plastercaster, pretend-museum scientist, and Det. Kafootsie de-



Cravin' Dogs present Summer Concert on the Green on Sunday, July 11, 6 p.m. Great Falls Village Green, at the corner of Georgetown Pike and Walker Road in Great Falls.

Science Center. Age 6-12. 703-757-8560.

FRIDAY/JULY 9

Summer on the Green: Four Star Combo - Rockabilly &



Seating in the shaded, rustic Children's Theatre-in-the-Woods usually fills up. Advance purchase is recommended, although tickets may be bought at meadow kiosk, as well.

Theatre-in-the-Woods at a Glance

Wolf Trap National Park for the Performing Arts, 1551 Trap Road, Vienna. Two performances by different artists each morning; programs run Tuesday through Saturday and change weekly.

Tickets: \$8 for one show; \$10 for both shows on the same day. No charge for children under age three. Tickets for performances may be purchased at the meadow kiosk or in advance by phone at 877-wolftrap or online at www.wolftrap.org.

Performance series runs through Aug. 14. See www.wolftrap.org for calendar.

scribes, in song, how a scientist is a detective, too.

Five-and-6-year-olds had little trouble understanding the message of the Great Dinosaur Mystery, and the youngest ones appeared to be engaged by the puppetry and song.

"It was very cool," said Alexandra, the little girl from Greece. "I liked it when they found the eggs and made together the whole story. Put trash in the right place because an animal can eat

the trash and get hurt." Charlie Logman, 6, whose family moved to Vienna from Connecticut two weeks ago, also said that "you shouldn't throw stuff where it doesn't belong."

Many families stayed for the second show, Jazz-A-Ma-Tazz, and Greenfield, with his sax and rugged earthy voice, interacted congenially with the children in the audience. Jazz, said Greenfield, is nourishment for the soul.

Honkytonk. 6:30 p.m. at the Vienna Town Green, 144 Maple Ave. E., Vienna. Bring chairs or blankets for seating. No alcoholic beverages allowed. It is recommended that pets be left at home. 703-255-6360 or www.viennava.gov.

Mamma Mia! 8 p.m. at Wolf Trap Foundation for the Performing Arts, 1645 Trap Road, Vienna. \$44-\$231. 703-938-2404 or www.wolftrap.org.

Mayzsoul presents "Fresh". 8 p.m. 1st Stage Theatre, 1524 Spring Hill Road, McLean. Choreography that will explore methods of communication and question human behavior. \$15. info@mayzsoul.org.

IONA. 7:30 p.m. Nottoway Park, 9537 Courthouse Road, Vienna. Pan-Celtic traditional music from Scotland, Ireland, Wales and more. www.fairfaxcounty.gov/parks/performance.

SATURDAY/JULY 10

Mamma Mia! 2 p.m. and 8 p.m. at Wolf Trap Foundation for the Performing Arts, 1645 Trap Road, Vienna. \$44-\$231. 703-938-2404 or www.wolftrap.org.

Wolftrap Children's Theatre in the Woods. Wolf Trap Foundation for the Performing Arts, 1624 Trap Road, Vienna. 10 a.m. Culkin School of Irish Dance: Tir na nOg, 11:15 a.m. Robbie Schaefer: Songs for Kids Like Us. Free workshops follow the 10 a.m. performance; reservations required at 703-255-1824. \$8-\$10. www.wolftrap.org.

Fairfax County Master Gardeners Association, Inc. 10 a.m. City of Fairfax Regional Library, 10360 North St., Fairfax. Master Gardeners provide horticultural tips, information, techniques and advice

www.ConnectionNewspapers.com



PHOTOS BY DONNA MANZ/THE CONNECTION

Michael and Andrea Logman and their children David and Charlie moved to Vienna two weeks ago and put Wolf Trap on the top of their to-do list. Michael Logman was impressed by the environment and atmosphere of the Theatre-in-the-Woods.

When invited onstage, the children couldn't wait. Or, maybe, it was the parents who couldn't wait in either case, many stars were born during Jazz-A-Ma-Tazz.

"I would definitely come back," said William Norberg's mother, June. "I love the trees, the shade, the length of the program, the interaction with the audience and the music."

"It's perfect for this age group."

DINOSAURS, said Dr. Vander Plastercaster, ruled the earth for millions of years. "It's now our turn, so don't blow it."

Perennial performance favorites Robbie Schaefer singing Songs for Kids Like Us, Steve Roslonek with SteveSongs and Rocknoceros Paint-

to home gardeners. Adults. 703-293-6227.

Used Book Sale. 10 a.m.-4 p.m. Tysons-Pimmit Regional Library, 7584 Leesburg Pike, Falls Church. Hosted by the Friends of the Tysons-Pimmit Regional Library. 703-790-8088.

Yoga, Pilates, Fitness Practice. 8 a.m. Outdoors at the Palladium Civic Place Green, 1445 Laughlin Ave., McLean. Bring yoga mat and water. Free. 703-288-9505.

The Seekers. 5 p.m. Outdoors at the Palladium Civic Place Green, 1445 Laughlin Ave., McLean. Soft rock. Free. 703-288-9505.

Vienna Arts Society Annual Photography Show Reception. 5-7 p.m. at Vienna Art Center, 115 Pleasant St. N.W., Vienna. A juried show of photographs of the natural world. 703-319-3971 or www.viennaartssociety.org.

SUNDAY/JULY 11

Summer on the Green: Blaskapelle Alte Kamerader. 6:30 p.m. at the Vienna Town Green, 144 Maple Ave. E., Vienna. Bring chairs or blankets for seating. No alcoholic beverages allowed. It is recommended that pets be left at home. 703-255-6360 or www.wolftrap.org.

Mamma Mia! 2 p.m. and 8 p.m. at Wolf Trap Foundation for the Performing Arts, 1645 Trap Road, Vienna. \$44-\$231. 703-938-2404 or www.wolftrap.org.

Kate Miller-Heidke. 8 p.m. Jammin' Java, 227 Maple Ave. E., Vienna.

\$120 advance, \$13 at the door. jamminjava.com.

Cravin' Dogs. Summer Concerts on the Green, 6 p.m. Great Falls Village Green, at the corner of Georgetown Pike and Walker Road in Great Falls. Irish music. www.gfcitizens.org.

Frontiers: the Journey Tribute. 5 p.m. McLean Central Park, 1468 Dolley Madison Blvd., McLean. With vocalist Jeremy Hunsicker. www.aldentheatre.org.

Butterfly Garden Guided Tours. 3 p.m. Meadowlark Botanical Gardens, 9750 Meadowlark Gardens Court, Vienna. An introductory guided stroll. Learn how the gardens attract butterflies. Members free, non-member adults \$4, seniors and age 7-17 \$1.50, under age 6 free. Rental binoculars available at the Visitor Center. 703-255-3631, ext. 0 or www.nvrpa.org/park/meadowlark_botanical_gardens.

MONDAY/JULY 12

Chris Isaak and Marc Broussard. 8 p.m. Wolf Trap Foundation for the Performing Arts, 1624 Trap Road, Vienna. \$40 in-house, \$25 lawn. 877-WOLFTRAP or www.wolftrap.org.

Jammin' Java's Mid-Atlantic Band Battle III. 8 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. \$10. jamminjava.com.

Preschool Storytime. 10:30 a.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Stories, fingerplays

See CALENDAR, PAGE 15



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From left, Cool Community members Farhan Khan, Amanda Baker, Steve Baker, Danielle Baker, Jill Baker, Bud Thompson, Joyce Thompson and Robin Rentschman a table at the Great Falls Farmers' Market to spread the word about the Cool Community program.



PHOTO CONTRIBUTED

Community Keeps Getting Cooler

Great Falls energy saving program up to 220 members.

BY ALEX McVEIGH
THE CONNECTION

The Great Falls Cool Community program has reached its first milestone, signing up 200 households, but they still have work to do. The program, which began April 1, is dedicated to helping community members reduce their energy use, thereby saving money and resources.

As of July 4, the program has 220 participants, and its goal is to break 300 by the end of this month. "This is a model program for the county, and they're really excited about it," said Bud Thompson, a member of the Great Falls Citizens Association who started the program. "We want to make the program a household name in Great Falls."

Thompson helped build a team and develop a 27-item checklist that homeowners could use to reduce their energy use. The list covers everything from heating and cooling, lighting, appliance use and vehicle use.

THEY TOOK TIPS from resources such as Environmental Protection Agency guidelines and have made presentations around the county, including to the Energy Efficiency and Conservation Coordinating Committee.

"It's just a list of reasonable things homeowners can do," Thompson said. "It's amazing how many people in Great Falls are into it."

Thompson and the team have been going out to community events such as the Great Falls Farmers' Market to spread the word and answer questions about energy use.

For some program participants, going green is an old habit, and the Cool Community program just provided more of a framework to go by.

"I'm very eager to compare notes with others, sometimes it can be difficult to get an idea of what others are doing," said Jeff Warrington. "I'm a big believer in the general spirit of conservation. I don't like to waste anything. I go to work, and sometimes I count the amount of light bulbs lit on porches I pass. One day I counted 60. That's 40 watts of elec-

tricity burning all day long. Just something as simple as switching to fluorescent bulbs can make a huge difference."

Warrington has been into the concept of energy reduction for years now, and even has a device to measure power use in his house.

"The device just plugs into my circuit breaker and gives instantaneous power consumption information," he said. "Even the kids can see how much power we're using. I just figured if I can measure my power use, I can become more aware of how it's used. I'd love to have a similar device for water and propane."

Warrington has also taken steps to insulate the pipes to and from his air conditioning unit, in order to reduce waste. He said his next big step is to do something to make his attic insulation more efficient, something he's looking forward to going over with the Cool Community group.

"I've yet to find a good way to compare energy consumption with that of my neighbors, which I think would be very helpful," he said. "I'm hoping this program will give me an opportunity to do that."

Stephanie Steyn, another member of the group, has been using energy-saving techniques long before it was a hot issue.

"When we built our house 30 years ago, we tried to be aware of energy-saving ideas, we used extra insulation in the roof, things like that," she said. "I check our electric bill every month, and we're usually lower than the same month last year."

Steyn's energy efficiency has gone so well, that in comparing her bills from 30 years ago to today, she has found the monthly bill has only gone up about \$17 since then.

"IT'S A GREAT IDEA for the community to raise awareness of the importance of using less electricity," Steyn said. "It's just one thing we can do to make this community and world a better place to live."

For more information, as well as a home energy saving checklist, e-mail the Cool Community program at gfgreenteam@cox.net.

"This is a model program for the county, and they're really excited about it ... We want to make the program a household name in Great Falls."

— Bud Thompson



PHOTOS BY ROSE LEE/THE CONNECTION

Friends, family and community members stand around the Phil Chisholm Field Sign before its unveiling.

Community Honors 'True Champion'

Spring Hill Park Field #1 is officially named Phil Chisholm Field in honor of the late coach.

BY ROSE LEE
THE CONNECTION

Community members gathered together at Spring Hill Park Field #1 on June 21 to remember and honor the late Phil Chisholm. The baseball field was named in tribute to the coach, father, friend and role model that touched the lives of countless individuals.

Phil Chisholm was a baseball coach in the McLean community. For those who knew him,

it comes as no surprise that the McLean Little League Board of Directors requested the field naming after him or that the Park Authority Board unanimously approved the proposal.

"Phil was one of those guys you were glad to know," said Kevin Fay, the Dranesville District representative on the Fairfax County Park Authority Board. "He always had a kind word for everyone."

SEE COACH, PAGE 14



Michael, Phil Chisholm's youngest son, stands by his brother John while giving a speech about his father.



Supervisor John Foust (D-Dranesville) addresses the crowd at the field naming ceremony honoring the late Coach Phil Chisholm.

FAITH

Faith Notes are for announcements and events in the faith community. Send to greatfalls@connectionnewspapers.com. Deadline is Friday.

Antioch Christian Church, 1860 Beulah Road, Vienna, has announced that John Powell will be guest speaker 10 a.m. on Sunday, July 11. John is a banking industry planner and also an ordained minister in the Christian Church. The public is invited. 703-938-6753

The Church of the Holy Comforter, 543 Beulah Road N.E. in Vienna, invites ages 8-13 for Vacation Bible School, 5 p.m. July 19-23. Children will be swept into the magical land of Narnia where they will watch dramas, participate in games, learn original music, create theme related art projects and join in story discussions that relate the Narnia stories to lessons from the Bible. \$15 including a T-shirt. Register at Larthur@holyccomforter.com or 703-938-6521 ext.16

Church of the Holy Cross, 2455 Gallows Road, Dunn Loring, is offering an evening Vacation Bible School at 5:30 p.m. from Sunday, July 18 through Thursday, July 23. Dinner is included. Ages 3-1/2 to 12 are welcome. \$15 includes registration, a t-shirt and a CD. pamnicholson@cox.net or 703-573-0250.

Epiphany United Methodist Pre-

school, 1014 Country Club Drive, N.E. in Vienna, is now enrolling 3-4-year-old students for the 2010/2011 school year. Contact 703-938-2391 or www.epiphanypreschool.com.

Chesterbrook United Methodist Church is at 1711 Kirby Road, McLean. Worship service is at 11 a.m. Sunday school is at 9:30 a.m. for adults and children. Rev. Kathleene Card, Pastor. 703-356-7100 or www.ChesterbrookUMC.org.

The Jewish Social Services Agency (JSSA) offers a wide variety of support groups for those with emotional, social, and physical challenges. Contact Gary Axelrod, 301-610-8309 or gaxelrod@jssa.org, or www.jssa.org.

Charles Wesley and Chesterbrook United Methodist Churches invite the community to a 20-minute weekly service of prayer and Holy Communion in the Charles Wesley sanctuary, 6817 Dean Drive in McLean, at 12 p.m.

Thursdays. At the conclusion of the service, there is a time of individual blessing, anointing and healing prayer. 703-356-6336.

HAVEN of Northern Virginia offers a variety of free bereavement support groups, meeting on a weekly basis. Contact 703-941-7000 or

www.havenofnova.org for schedules and registration information.

McLean Bible Church Fitness Class at Body & Soul fitness. Balance is key, energy is renewed, strength is gained, and friendships are formed. Mondays 9:15 a.m. and Fridays 9:45 a.m. Childcare is free for registered students. E-mail bodyandsoul@mcleanbible.org for more information.

Vajrayogini Buddhist Center offers ongoing classes on meditation and Buddhist philosophy, Mondays at 7 p.m. at Unity of Fairfax, 2854 Hunter Mill Road, Oakton. \$10 per class. 202-331-2122 or www.meditation-dc.org.

A Centering Prayer Group meets Fridays, 9:30 a.m. at Andrew Chapel United Methodist Church, 1301 Trap Road, Vienna. The hour includes a brief reading related to Centering Prayer, followed by a 20-minute prayer period. E-mail Martha Thomas at mmthomas211@hotmail.com or call the church at 703-759-3509.

Vienna Christian Healing Rooms, every Saturday, 1-5 p.m., at 8200 Bell Lane. A team of Christians is available to anyone requesting prayer. Free and open to the public. 703-698-9779 or www.viennachristianhealingrooms.com.

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SUNDAY: 10:00 AM

Assembly of God
Vienna Assembly of God ... 703-938-7736
Washington Christian Church...703-938-7720
Cristo Es Mi Refugio...703-938-7727

Baha'i
Baha'i Faith for Northern Virginia ... 703-821-3345

Baptist
Global Mission Church ... 703-757-0877
Peace Baptist Church ... 703-560-8462
Bethel Primitive Baptist Church ... 703-757-8134
Cartersville Baptist Church ... 703-255-7075
Fellowship Baptist Church ... 703-385-8516
First Baptist Church ... 703-938-8525
The Light Mission Church ... 703-757-0877
Vienna Baptist Church ... 703-281-4400
New Union Baptist Church... 703-281-2556

Buddhist
Vajrayogini Buddhist Center... 202-331-2122

Church of the Brethern
Oakton Church of the Brethern ... 703-281-4411

Catholic
Light Mission Church ... 703-757-0877
Our Lady of Good Counsel ... 703-938-2828
St. Athanasius Catholic Church ... 703-759-4555
St. Mark's Catholic Church ... 703-281-9100

Charismatic
Christian Assembly ... 703-698-9777

Church of Christ
Berea Church of Christ ... 703-893-7040

Disciples of Christ
Antioch Christian Church ... 703-938-6753

Episcopal
Church of the Holy Comforter ... 703-938-6521
Church of the Holy Cross ... 703-698-6991
St. Francis Episcopal ... 703-759-2082

Jehovah's Witness
Jehovah's Witnesses ... 703-759-1579

Lutheran
Emmanuel Lutheran Church... 703-938-2119
St. Athanasius Lutheran Church... 703-455-4003

Methodist
Andrew Chapel United Methodist ... 703-759-3509
Church of the Good Shepherd ... 703-281-3987
Dunn Loring United Methodist ... 703-573-5386

Epiphany United Methodist ... 703-938-3494
Great Falls United Methodist... 703-759-3705
Oakton United Methodist ... 703-938-1233
Vale United Methodist ... 703-620-2594
Smith Chapel United Methodist ... 571-434-9680
Wesley United Methodist ... 703-938-8700

Non-Denominational
Christian Assembly Church ... 703-698-9777

Presbyterian
Grace Orthodox Presbyterian Church ... 703-560-6336
Korean Central Presbyterian ... 703-698-5577
Vienna Presbyterian ... 703-938-9050

Quaker
Langley Hills Friends... 703-442-8394

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10:00 a.m. Family Service, Holy Eucharist Rite II

5:00 p.m. Come as You Are Contemporary
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COMMUNITY

Scouting To Make a Difference

Eagle Scouts from Troop 673 help improve Great Falls.

Over the past year, Boy Scout Troop 673 of Great Falls had eight scouts attain the rank of Eagle. The scouts performed a variety of tasks designed to help their community become a better place to live and play.

Sean Ahearn is a rising junior at Langley High School. He has been a member of the troop since 2005 after earning the Arrow of Light as a Cub Scout.

His leadership positions include Quartermaster, Patrol Leader, Crew Leader for the Hike Across Maryland 2008 and Crew Leader for Sea Base 2009. He received the Order of the Arrow in 2008.

For his Eagle Project, Sean refurbished the Great Falls United Methodist Preschool playground. At Langley high school, Sean has been a member of the state championship varsity lacrosse team since his freshmen year.

He is a youth leader in the Safe Community Coalition and the Fellowship of Christian Athletes. On the weekends, Sean is a basketball and lacrosse referee.

Conor Rieling's Eagle project centered on increasing biodiversity at Riverbend Park. This was accomplished by clearing large trees from a meadow at the park.

By enlarging the meadow, Conor's project encouraged native meadow vegetation, enhanced the meadow nutrient cycle, and provided a valuable habitat for additional animals.

THE FAIRFAX COUNTY Park Authority made arrangements to have around 10 large trees cut down, and Conor's project consisted of cutting the felled trees into manageable segments. They built 12 five-foot high square animal habitats out of 4- to 6- foot segments of tree trunks/branches, and brushing over the habitats with the remainder of the debris.

Conor supervised the efforts of 21 scouts and adults over a day and a half, which included directing multiple teams that trimmed trees and cleared debris, cut trunks and branches and built and brushed over the habitats.

Tommy Bylund has followed the same path to Eagle as two of his older brothers. Tommy joined the troop in 2001 and has enjoyed participating in summer camps and weekend outdoor activities.

Tommy held leadership roles



PHOTO CONTRIBUTED

From left, Sean Ahearn, Conor Rieling, Tommy Bylund, Elliott Morris, Matthew Weyback and Dylan Drew of Boy Scout Troop 673 in Great Falls attained the rank of Eagle this past year. Scouts Zachary Slick and Zachary Walker also achieved the rank.

including Sea Base trip captain of a Crew from three different troops. In addition to his activity in Troop 673, Tommy was an annual camper at YMCA Camp Belknap on the shores of Lake Winnepesaukee in New Hampshire for eight years.

Tommy recently graduated from Langley High School and will attend Virginia Military Institute where he plans on majoring in engineering.

Tommy's Eagle Project took place in Riverbend Park. The project was to construct a set of steps from a footpath along the Potomac River down to the river.

On the planned weekend, he led dozens of volunteers to perform the required stages of the project. The steps have provided access to many people who cannot navigate the steep slope to the river. At the same time, it eliminated the erosion that was caused by people climbing up the slope.

Elliott Morris's Eagle project created a trail in Nike Park in Great Falls to connect the park athletic fields with residential areas. Formerly, access to Nike Park from some neighborhoods was limited to traveling by car. Elliott's trail allows more environmentally friendly access from these neighborhoods.

Elliott's project cleared and removed brush and overgrowth, leveled out a slope, set up wooden borders to prevent erosion on

other slopes and spread environmentally friendly stone dust on the trail.

Staff from the Fairfax County Park Authority commended Elliott for his outstanding work and thanked him for directly contributing to the improvement of access to the Nike Park athletic fields.

FOR HIS Eagle Scout Project, Zachary Slick led a team of scouts, parents, friends and church members in sanding, power washing and repainting the picket fence around the parsonage at Great Falls United Methodist Church.

The fence had become quite worn and had flaking paint and areas of mold and algae. Zach and his team were able to clean and repaint the fence to preserve it and refresh its appearance.

The Great Falls United Methodist Church has been a great sponsor of Troop 673 and Zach was pleased his Eagle Project could help give back to the Church and assist them in maintaining their facilities.

Dylan Drew's Eagle Project involved repainting the kitchen, stairway and main hallway of the lodge at Camp Fraser in Great Falls. The surfaces had become worn over the years and refurbishing the paint helped the owners maintain and improve the appearance of the lodge.

The camp is owned by Calvary Baptist Church in Washington,

D.C., which provides a camp experience for inner city children from the District. The camp also allows the Boy Scouts to use their facilities for Order of the Arrow ordeals and other activities.

Zachary Walker's Eagle Project created a set of stairs along the banks of Riverbend Park to provide access from the Potomac Heritage Trail down to the Potomac River.

He led a team of scouts and friends to build and install two platforms and stairs with a hand-rail. The stairs provide the public with safe access to the river and reduce further erosion of the banks by visitors making numerous trails and sliding down the steep banks to access the river.

For his Eagle Project, Matthew Weyback constructed guard railings and erected "No Parking" signs to protect the root systems of trees in the parking area of Great Falls United Methodist Church.

Matthew sought and received approval from the church to complete his project, which included a placement design of the railings and signs, preliminary site preparation with a rented power auger and hand tools, painting, cement mixing and other construction activities.

He completed his project over the course of two weekends with the help of 19 fellow scouts, scout parents, and friends from the community.

Coach Chisholm Honored

FROM PAGE 12

Paul Shiffman, former president of the McLean Little League, agreed by saying that he was "always willing to help kids on any team."

As a true fan of baseball with a passion for working with children, Chisholm dedicated much of his time to teaching the sport to students in the community. He served as a manager, coach, and board member of the McLean Little League and the McLean Great Falls Babe Ruth League.

"I will never forget how honored and excited I felt when Coach [Chisholm] asked me to play on his All-Stars Team. I was 9-years old," said Colin Milon, a former player of Chisholm's who is now a rising sophomore in college. "He was one of the sweetest most genuine coaches I have ever had, and he was the kind of guy everyone aspired to be like."

Chisholm's two sons, John and Michael, spoke at the event of a dedicated father who did not settle for celebrating his love for baseball in a conventional manner. Rather, he shared his enthusiasm for the game by openheartedly teaching it to students. It is in this way that Chisholm became known as a mentor and selfless leader.

"My dad made [his team] come all the way out here to play on this field," said Chisholm's youngest son Michael, adding that his father believed that the children deserved to play on the best field possible.

Phil Chisholm made Field #1 at Spring Hill Park not only an arena for playing and learning baseball but also a place to teach children about good character through his example.

"[Phil Chisholm] was a great person," said Supervisor John Foust (D-Dranseville). "This field naming is a fitting and appropriate tribute to a true champion."

NEWS

Virginia's Newest Laws

An overview of local legislators' votes.

Approximately 900 new Virginia laws went into effect on July 1. Here is a list of some of the interesting new laws and how local state legislators voted on the issues.

❖ CONCEALED WEAPONS.

People with a concealed weapon permit can carry a concealed weapon into a restaurant or bar but cannot drink. Previously, people who wanted to carry a weapon into a restaurant or bar had to "open carry," keeping the weapon exposed.

IN SUPPORT - Sen. Chap Petersen (D-Fairfax and Vienna), Del. Barbara Comstock (R-McLean and Great Falls), Del. Mark Keam (D-Vienna)

NOT IN SUPPORT - Sen. Mark Herring (D-Reston and Herndon), Sen. Janet Howell (D-McLean, Great Falls and Reston), Del. Ken Plum (D-Reston), Del. Tom Rust (R-Herndon), Del. Jim Scott (D-McLean)

❖ SEATBELTS FOR TEENS.

Teenagers who are 16- and 17 years-old will be required to wear seatbelts while riding in the back of a vehicle. Previously, only people under 15-years old were required to do so.

IN SUPPORT - Sen. Mark Herring (D-Reston), Sen. Janet Howell (D-McLean, Great Falls and Reston), Sen. Chap Petersen

(D-Fairfax and Vienna), Del. Barbara Comstock (R-McLean and Great Falls), Del. Mark Keam (D-Vienna), Del. Jim LeMunyon (R-Chantilly and Oak Hill), Del. Ken Plum (D-Reston), Del. Tom Rust (R-Herndon), Del. Jim Scott (D-McLean)

❖ ASSISTED LIVING AND ALCOHOL.

Assisted living facilities will now be able to serve alcoholic beverages. Residents of assisted living facilities will also be able to keep alcohol in their rooms legally for the first time.

IN SUPPORT - Sen. Mark Herring (D-Reston), Sen. Janet Howell (D-McLean, Great Falls and Reston), Sen. Chap Petersen (D-Fairfax and Vienna), Del. Mark Keam (D-Vienna and Oakton), Del. Ken Plum (D-Reston), Del. Tom Rust (R-Herndon), Del. Jim Scott (D-McLean)

NOT IN SUPPORT - Del. Barbara Comstock (R-Great Falls and McLean)

❖ HEALTH INSURANCE.

Virginia residents should not be required to buy health insurance by the government. The law is meant to protect people from the federal health care reform package passed by the U.S. Congress this year. It is also the basis of Virginia Attorney General Ken Cuccinelli's (R) lawsuit against the federal government regarding a future mandate to purchase health care.

IN SUPPORT - Sen. Mark Herring (D-Reston and Herndon), Del. Barbara Comstock (R-McLean and Great Falls), Del. Tom Rust (R-Herndon)

NOT IN SUPPORT - Sen. Janet Howell (D-McLean, Great Falls and Reston), Sen. Chap Petersen (D-Fairfax and Vienna), Del. Mark Keam (D-Vienna and Oakton), Del. Ken Plum (D-Reston), Del. Jim Scott (D-McLean)

❖ LICENSE PLATES.

Vehicle owners will be able to buy the following specialty Virginia license plates for an extra \$15; "Virginia Kids Eat Free", "TRUST WOMEN/RESPECT CHOICE", "BUY LOCAL", "FRIENDS OF COAL" and a plate honoring the Washington Capitals. Proceeds from the special plates go to a charity or foundation connected with each slogan. For example, the "FRIENDS OF COAL" plate benefits mine safety programs and the "TRUST WOMEN/RESPECT CHOICE" benefits the Virginia chapter of Planned Parenthood, though the money cannot be used for abortion procedures.

IN SUPPORT - Sen. Mark Herring (D-Reston), Sen. Janet Howell (D-McLean, Great Falls and Reston), Sen. Chap Petersen (D-Fairfax and Vienna), Del. Barbara Comstock (R-McLean and Great Falls), Del. Mark Keam (D-Vienna), Del. Jim LeMunyon (R-Chantilly and Oak Hill), Del. Ken Plum (D-Reston), Del. Tom Rust (R-Herndon), Del. Jim Scott (D-McLean)

CALENDAR

FROM PAGE 11
and activities. Ages 2-5 with adult. 703-757-8560.

TUESDAY/JULY 13

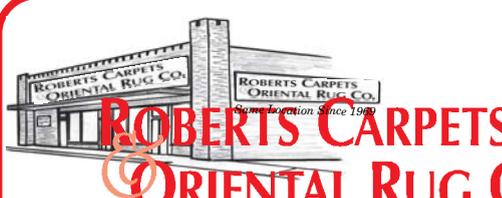
Julio Iglesias. 8 p.m. Wolf Trap Foundation for the Performing Arts, 1624 Trap Road, Vienna. \$42 in-house, \$25 lawn. 877-WOLFTRAP or www.wolftrap.org.

Wolftrap Children's Theatre in the Woods. Wolf Trap Foundation for the Performing Arts, 1624 Trap Road, Vienna. 10 a.m. Synthetic Family Theater: Cowardly Christopher Finds His Courage, 11:15 a.m. Steve Roslonek: Stevesongs. Free workshops follow the 10 a.m. performance; reservations required at 703-255-1824. \$8-\$10. www.wolftrap.org.

Jammin' Java's Mid-Atlantic Band Battle III. 8 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. \$10. jamminjava.com.

Personalized Internet Training. 2:30 p.m. Tysons-Pimmit Regional Library, 7584 Leesburg Pike, Falls Church. A 45-minute one-on-one Internet training sessions with a technology volunteer. Call for appointment. Adults. 703-790-8088.

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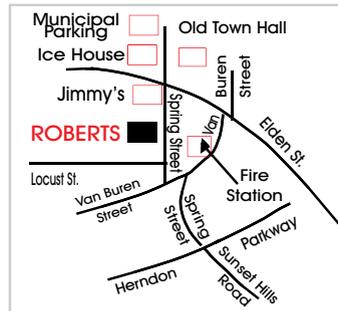
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Locals Well-Represented on All-District Teams

Area high school stars shined this past spring sports season.

The following were First Team All-Liberty District boys' soccer selections: Jan Gundersen (Langley), senior forward; Tim Whitebread (McLean), senior forward; Moussa Diallo (Fairfax), senior forward; Mike Herndon (Stone Bridge), senior forward; Matt Janssen (McLean), senior midfielder; Dylan Price (Langley), junior midfielder; Dan Flittercroft (Langley), junior midfielder; Mervyn Levy (Stone Bridge), senior midfielder; Ajay Amin (Marshall), senior midfielder; Roshan Patel (Langley), senior defense; Jeff Pontell (Thomas Jefferson), senior defense; Abdul Shaban (Stone Bridge), senior defense; Rafi Enriquez (McLean), junior defense; Nick Lowrey (Stone Bridge), senior goalie; Jay Lupas (Langley), junior goalie.

Liberty District boys' soccer Player of the Year - Roshan Patel (Langley); Coach of the Year - Bo Amato (Langley).

Second Team All-Liberty District boys' soccer: Josh Ellis (Langley), junior forward; Ryan Fishel (Madison), junior forward; Christian Salinas (Stone Bridge), senior forward; Taki Akumara (Jefferson), senior forward; Farhan Khan (Langley), junior midfielder; Dan Traxler (Madison), junior midfielder; Alex Burch (Jefferson), junior midfielder; Suliaman Dalnkey (South Lakes), midfielder; Jeff Cochran (Langley), defender; Charlie Baxter-Gagen (Fairfax), junior defender; Tommy Dunne (Stone Bridge), junior defender; Brian Szymanski (Marshall), sophomore defender; Stephen Clark (Fairfax), senior goalie; Mohammed Hassan (South Lakes), senior goalie.

Honorable Mention All-Liberty District boys' soccer: Mike Attassi (Fairfax); Joe Garcia (Fairfax); Peter Lam (Fairfax); Stephen Savage (Fairfax); Alex Voorhees (Langley); Justin Galiani (Langley); Sam Walsh (Langley); Rhys Howard (Langley); Abass Darab (Madison); Todd Kopf (Madison); Onar Yousefi (Marshall); Kian Tabatabai (Marshall); Chris Gates (Marshall); Nolan Costigan (Marshall); Julian Smith (McLean); Andrew Hunt (McLean); Michael Russo (McLean); Adam Hamdan (Stone Bridge); Clay Brothers (Stone Bridge); Luke Schierling (Stone Bridge); Ryan Buckley (Stone Bridge); Bruk Dinberu (Jefferson); Kyle Gutkowski (Jefferson); Chris Heo (Jefferson); Sam Hoehn (Jefferson); Sean Lee (Jefferson).

The following were All-Liberty District First Team girls' soccer selections: Sam Cormode (Fairfax), junior goalie; Katie Martinez (Jefferson), senior goalie; Jazmyn Ervins (Stone Bridge), senior de-



PHOTO BY CRAIG STERBUTZEL/THE CONNECTION

Both Langley's Josh Ellis (7) and McLean's Drew Hunt (9) were All-Liberty District soccer selections this past spring, Ellis making Second Team and Hunt garnering Honorable Mention.

fender; Emily Fredrikson (Stone Bridge), junior defender; Caroline Gray (McLean), sophomore defender; Katie Grasso (Madison), junior defender; Christina Popp (Jefferson), junior defender; Sami Kuykendall (Madison), senior midfielder; Andi Romness (McLean), junior midfielder; Jennifer Skogerboe (Stone Bridge), senior midfielder; Katie Yensen (McLean), junior midfielder; Melissa Downey (McLean), senior forward; Ashley Herndon (Stone Bridge), freshman forward; Belle Tunstall (Madison), junior forward; Murielle Tiernan (Stone Bridge), freshman forward.

Liberty District girls' soccer Player of the Year - Jennifer Skogerboe (Stone Bridge); Coach of the Year - Joan Windows (Stone Bridge).

All-Liberty District Second Team girls' soccer: Julia Marmison (Stone Bridge), junior goalie; Nadia Shebaro (Madison), junior goalie; Lauren Hoffman (Fairfax), senior defender; Annmarie Irwin (Madison), senior defender; Claire Krejci (Madison), senior defender; Evelyn Robinson (McLean), freshman defender; Kim Baldwin (South Lakes), senior midfielder; Kat Murphy (Madison), senior midfielder; Meg Murphy (Fairfax), junior midfielder; Sarah Nielsen (Jefferson), sophomore midfielder; Maggie Schierling (Stone Bridge), senior midfielder; Annabel Bergin (Madison), junior forward; Jackie Dallaire (Jefferson), sophomore forward; Amanda Digiammarino (Langley), senior forward; Rose Sommovigo (McLean), sophomore forward.

All-Liberty District Honorable Mention girls' soccer: Lindsay Amador (Langley), sophomore goalie; Anne-Marie Lloyd (South Lakes), sophomore goalie; Maddie O'Beirne (Marshall), sophomore goalie; Logan Tapscott (McLean), senior goalie; Meredith Doherty (Langley), junior de-

fender; Kirstie Fleger (South Lakes), junior defender; Kelly Kolb (South Lakes), junior defender; Sarah Meoni (Marshall), junior defender; Ann Galeas (South Lakes), senior midfielder; Lizz Gentry (Langley), sophomore midfielder; Liz Nguyen (Fairfax), sophomore midfielder; Katie Kraus (South Lakes), senior midfielder; Kelly Regan (South Lakes), sophomore forward.

The following were named to the First Team All-Concorde District baseball team this past spring season: Matt DeWitt (Chantilly), senior catcher; Cam Walter (Centreville), senior first base; Andy Viands (Centreville), senior second base; Chad Carroll (Oakton), junior shortstop; Kyle Corwin (Westfield), sophomore shortstop; Aaron Scoville (Centreville), senior third base; Connor Bach (Centreville), senior outfielder; Luke Willis (Oakton), outfielder; Jared Velasquez (Robinson), junior outfielder; Nick Impellizzeri (Herndon), senior outfielder; Andy Fridy (Chantilly), senior DH; Zach Reif (Herndon), senior DH; Aaron Hoover (Westfield), junior utility; Mark McCormick (Centreville), junior utility; Danny Thorpe (Westfield), senior pitcher; Ryan Ashooh (Centreville), senior pitcher; Dan Shill (Herndon), senior pitcher; Bill Boyle (Chantilly), senior pitcher.

Concorde Player of the Year - Cam Walter (Centreville); Pitchers of the Year - Danny Thorpe (Westfield), Ryan Ashooh (Centreville); Coach of the Year - Morgan Spencer (Centreville).

All-Concorde District Second Team baseball: Hayden Ferrington (Westfield), junior catcher; Evan Bray (Robinson), senior first base; Alex Clark (Herndon), senior first base; Nathan Colonna (Westfield), senior second base; Chris Campbell (Centreville), senior shortstop; Matt Chandler (Oakton), senior third base; Chris Simpson

(Centreville), sophomore outfielder; Josh Luatua (Westfield), junior outfielder; Wes Kerbuski (Chantilly), senior outfielder; David DeLorimier (Centreville), senior outfielder; Pat Burns (Oakton), senior DH; Rutger Floyd (Robinson), senior utility; Austin Freer (Robinson), senior pitcher; Dan Lawler (Chantilly), junior pitcher.

All-Concorde District Honorable Mention baseball: Chris Hanson (Oakton), junior catcher; Chris Mandell (Centreville), senior catcher; Matt Smith (Herndon), sophomore catcher; Jamie Danehower (Chantilly), junior shortstop; Jonathan McMann (Herndon), senior third base; Leo Montoya (Centreville), senior DH; Austin Redman (Westfield), sophomore DH; Andy Gross (Oakton), junior pitcher; Paul Avozdovic (Herndon), senior pitcher; Matt Spaulding (Robinson), sophomore pitcher; Brad Williams (Robinson), senior pitcher.

The following were First Team All-Liberty District baseball selections: Denis Buckley (McLean), senior catcher; JJ White (Stone Bridge), junior catcher; Ryan McGuire (Madison), junior first base; Jake Bennett (Marshall), senior first base; Chris Russo (McLean), senior second base; Spenser Rostiano (Stone Bridge), junior second base; Ty Lighton (Stone Bridge), junior shortstop; Scott Bernier (Madison), senior third base; Riley Beiro (McLean), senior outfielder; Teddy Turner (Madison), senior outfielder; TJ Errsam (Madison), senior outfielder; Wilfredo Corps-Ortiz (South Lakes), junior outfielder; Jay Kenyon (Madison), junior DH; Joey Garon (Fairfax), senior DH; Taylor Lambke (Stone Bridge), senior utility; Sean Fitzgerald (McLean), senior pitcher; Josh Shorz (McLean), sophomore pitcher; Spencer Brookbank (Stone Bridge), senior pitcher; Joseph Vanderplas (Fairfax), junior pitcher.

Liberty District Player of the Year - Riley Beiro (McLean); Pitcher of the Year - Scott Fitzgerald (McLean); Coach of the Year - John Thomas (McLean).

The following were First Team All-Concorde District girls' softball selections: Courtney Burke (Centreville), pitcher; Frankie Martinez (Westfield), catcher; Katie Sokol (Centreville), first base; Alex Bohrer (Westfield), second base; Jess McNamara (Westfield), shortstop; Kathryn Lohr (Robinson), third base; Emily Corridon (Oakton), outfielder; Cara Donovan (Centreville), outfielder; Kacey McMahan (Westfield), outfielder; Jackie Martinez (Westfield), At Large; Tara McCrone (Westfield), At Large; Allie Newcomb (Robinson), At Large; Alexis Murdock (Centreville), At Large; Clare McGowan (Robinson), At Large.

The Concorde District Player of the Year - Marcy Bowdren (Robinson); Pitcher of the Year - Alex Tenney (Westfield).

Local Author on National Pastime

Vienna resident Tim Wendel launches a new book on baseball.

BY MICHAEL K. BOHN
THE CONNECTION

For generations, major league baseball fans have argued about who were the best players throughout the game's history. Among power hitters, was it Babe Ruth or Barry Bonds (asterisk)? Among pitchers, Walter Johnson or Nolan Ryan? Or even who would, um, bet on Pete Rose versus Ty Cobb. In a sport awash with numbers and statistics, debates on great players from different eras nevertheless boil down to subjective comparisons and the source of endless talk in sports bars and suburban dens.

Vienna resident and sportswriter Tim Wendel has weighed in on one debate — the best fastball pitcher. Who had the fastest “heater,” “hummer,” “gas” or “high cheese?” Who could “bring it” or “throw seeds?” Wendel offers his answers to those questions in his new book: “High Heat: The Secret History of the Fastball and the Improbable Search for the Faster Pitcher of all Time.”

READERS of High Heat will be pleased that Wendel has not stuffed the pages with tables and stats, but rather spins great stories about people. He stitches together anecdotes and tales about who he thinks are the twelve greatest fireballers in organized baseball



PHOTO COURTESY DA CAPO PRESS

Tim Wendel, a Vienna resident, has a new book out — ‘High Heat: The Secret History of the Fastball and the Improbable Search for the Faster Pitcher of all Time.’

history, from Amos Rusie to Joel Zumaya. Critics may disagree with Wendel’s selections, a list headed by Ryan, but all will find the book a delightful read.

Wendel chose an unconventional format for his narrative, one that jumps from pitcher to pitcher throughout the six main chapters. Although some might appreciate reading about Bob Feller in an uninterrupted segment, Wendel is

such a good writer, and his snippets are so engaging, that the books still flows easily.

Throughout the book, Wendel intersperses interesting sidebars on subjects related to throwing fastballs. For example, he traces the history of the radar gun, does a George Plimpton in a sports lab to examine his own pitching motion, and describes injuries and even deaths among batters hit by fastballs.

BASEBALL BOOKS dominate the sports nonfiction genre, with nostalgia and retrospectives leading the way. “High Heat” is certainly a book that fits easily in that category and will appeal to every baseball fan.

A former editor of USA Today Baseball Weekly, Wendel remains on that newspaper’s board of contributors and is widely published in major newspapers and magazines. He teaches writing, both fiction and nonfiction, at Johns Hopkins University, most often at its Washington, D.C. center. He has written four other sports books, as well as the novels “Red Rain” and “Castro’s Curveball.”

Wendel and his family live in the Wayside neighborhood of Vienna. His wife is a former reporter for the Washington Post, writing under the byline Jacqueline L. Salmon. They have two children, daughter Sarah, a junior at Syracuse University, and son Chris, a Madison High School junior. Wendel is a veteran youth sports coach and has guided baseball, basketball, soccer, and hockey teams in the Vienna area.

Celebrating Graduation

Celebrating Langley High School Graduation on June 17 at Constitution Hall, Langley High School Seniors, from left, Alex Padalino, Morgan Brown, Anneke Day, Angela Wartz and Paula Novacki.



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The Last Thing I Want To Do



By **KENNETH B. LOURIE**

I'm sure it's my imagination, (it better be), or maybe it's just my overreaction to my next set of quarterly scans, but I'm beginning to think I should put/get my life in order, sort of. I don't mean funeral arrangements, wills and estate/financial planing (although, it would make a great deal of sense to consider it; maybe even to actually do it). No, my interests at this juncture are more subtle, more mundane, if you will. Activities like cleaning and organizing my personal space at home, tidying up miscellaneous loose ends (people, places and things), being more responsible and time-respectful of tasks – both personal and professional, even being a bit more responsive to charitable solicitations made in my direction ("There by the grace of God go I;" as it turns out, that's where I'm going).

I'm not quite ready to move closer to the Undertaker yet, like Radar's Uncle Ed did two days before he died, for convenience sake (according to Radar), in an episode of M*A*S*H back in the day, if you remember the episodes like I do. Nor am I nesting, not wanting to stray far from home in case – well, you know. However, I'm not exactly looking to go out of town either. I'm trying to keep an open mind, but when some "normal" (as it relates to one's life expectancy) options are all of a sudden closed (or shall I be more positive and say, modified?), it becomes more difficult to walk quietly and carry as big a stick as you may have previously carried (metaphorically speaking).

Still, "seeking new adventure..." as William Shatner/Captain Kirk voiced-over at the beginning of the original Star Trek television series "...to go where no man has gone before," resonates somehow. Though I am going where many men, women and children have unfortunately gone before, I am going somewhere where I have never been before: year two of a cancer diagnosis/prognosis, which according to my oncologist, rarely results in a year three, four, five and so forth. Apparently, living long and prospering may be as unrealistic as a "mind meld."

Nevertheless, hope springs eternal, especially if you grew up in New England as I did (Newton Centre, Ma.) rooting for the Boston Red Sox before "the curse" was finally broken in 2004 when the Red Sox won their first World Series Championship in 86 years after years – and tears – of disappointment and excruciating heartbreak. As a result of where I was born – and the parents and baseball team to whom/with whom I've given my unrepentant loyalty, I am instinctively, by breeding almost, an optimist, more so in February "when pitchers and catchers report," (to Spring Training when the "new" Baseball season begins), but throughout the rest of the year and the rest of my life as well; I am positively optimistic. An attitude I am proud to espouse and embrace (what are the alternatives, really?).

And so, as I attempt to rearrange and simplify my life, I will do so not because there is some end in sight. Rather, I will do so because there is some beginning I'm attempting to find. Wish me luck. I'll probably need it.

Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.

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21 Announcements

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If you do not demand a copy of the Complaint within forty (40) days, the Court may grant judgment against you for the award of money or other legal action requested in the Complaint, and you may lose your right to object to anything that is or may be incorrect in the Complaint. A judgment may be enforced as provided by law. A judgment awarding money may become a lien against any real estate you own now or in the future, and may also be enforced by garnishment or seizure of property.

Dated this 23rd day of June, 2010.

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By: /s/
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